

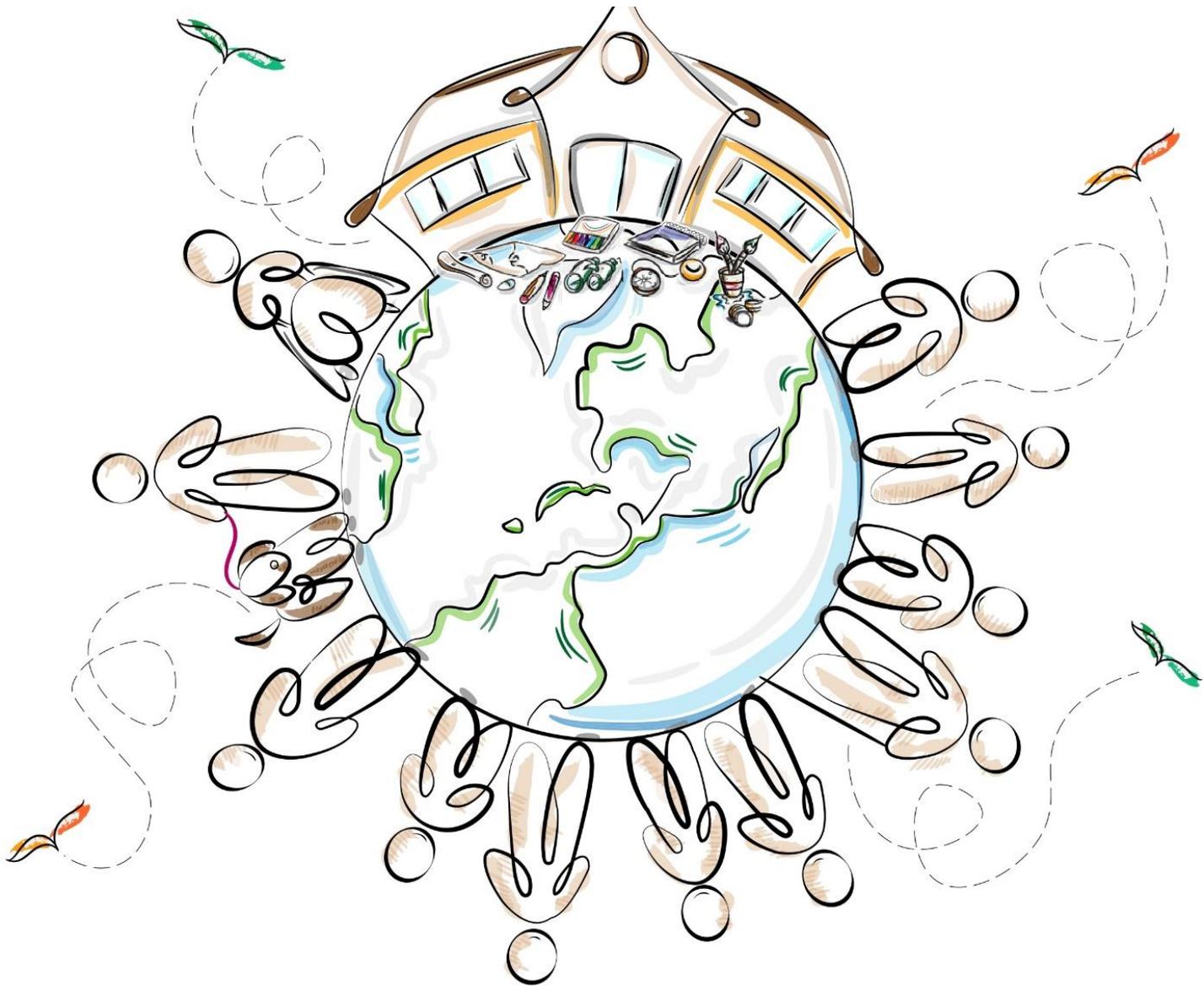
An Accessible Guide  
to the Pedagogical Method

# RECONNECTING WITH YOUR CULTURE

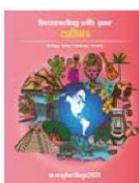
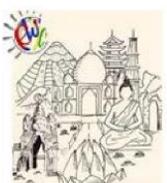
Step-by-step, from everyone to everyone

Projecting Vision and Mission

Prof. Olimpia Niglio (Italy) & Prof. Rana P.B. Singh (India)



Edited and coordinated by: Ana Cecilia Flores and Baroska Bravo Vásquez



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## **International Pedagogical Method Reconnecting With Your Culture – RWYC**

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### **About this guide to the RWYC pedagogical method**



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### **Cultural alliances**



## Life's Journey through CULTURE

The journey of life to discover yourself will always be full of innumerable adversity, but you will have to face them with tenacity and, above all, without avoiding them.

Always continue on your way, do not allow others to decide for you, and realize your dreams. Don't let old and odd habits and pre-conceptions become a prison for you.

You must always have the courage to change yourself in the changing circumstances with your ideas and be able to look at the world from all points of view. Because the only way you have to do great projects is to train and constantly upcoming yourself to be a better person.

To do it all, start from your early childhood when the family, school, and society will allow you to acquire important skills for life, and thanks to them continuing to build a good path in this world.

Start your journey this way thinking/visioning/creating daily about what you want to achieve for the community and what you want to pass on to future generations.

Always keep in mind the ambition and constructive goals for great humanity because residing yourself in a mediocre life is never worth it.

On this trip, creativity and critical thinking will be your faithful companions to build together with the international community a harmonious and happy society that grows—thanks to CULTURE.

I wish you a happy journey into the world of your cultural heritage.

Olimpia Niglio  
(Professor of Architecture Restoration & Cultural Heritage, University of Pavia, Italy),

Tokyo, November 2021.

## Vision and Mission

As visioned by Olimpia Niglio, and transferred into a platform by Rana P.B. Singh, our vision and mission narrate:

“RWYC Reconnecting With Your Culture – is a visionary mission of awakening the youth to prepare for the global understanding & Environmental Conscience, human services, and preserving our cultural heritage in the cosmic frame of NATURE- CULTURE interfaces through the quality and deeply-rooted Education and dialogues, i.e., a march re-appraising interconnectedness between Locality and Universality – Holiness to Wholeness – Humanity and Divinity”.

A call from eternity to meet sublimity, through RWYC, we pray:

Let's believe CULTURE will save our common heritage.  
Let every day we work together, also realise together.  
Let's follow on, proceed on, and march on this sacred path.  
Let's join hands in helping the universal community to realise.  
Let's have dreams with action, vision, and be into action.  
Let our emotions be awakened through our inner light.  
Let this way awaken humanity to meet with sublime divinity.  
Let our CULTURE be a vital force to feel God in all the life-forms.

Since all the problems are generated from the mind, the solutions will also come from the mind. However, this needs a constant practice of awakening the mind on the path of deeply-rooted education and understanding the cultural interconnectedness, and also awakening and rejuvenating the human conscience to actively be part of the universal family (Vasudhaiv Kutumbakam). We should realize global interdependence as the ultimate reality, thus making a sustainable global order through optimal international governance, through a new dynamic world order and global balanced while walking on the path of Ethics, Values, and Virtues.

This could be made operative to move from economic to cultural age—linking cultural conscience and holistic understanding in the light of Sustainable Development. CULTURE and cosmos are interconnected in creating conscience from civilisational continuity in reviving the path we should reconcile our minds and hearts through spiritual awakening. Think Cosmically, see Globally, behave Regionally, act Locally but insightfully. This is an appeal to cosmic vision, global humanism, and Self-realization (Sva-chetanā).

“Once the path is chalked out, the means will follow”, thus spoke Mahatma Gandhi”

## Why this guide?

This guide has been developed so that all children and young people in schools around the world, without exclusion, can participate in the pedagogical project Reconnecting With Your Culture.

It has been created so that children and adolescents, their teachers, grandmothers, grandfathers, other relatives, and the local community, know the steps to follow of the international pedagogical method.

The guide has been written using Clear Language (clairvoyance) and has been illustrated to facilitate its understanding and the autonomy of people with disabilities, thus allowing them access and meaningful participation in the application of the pedagogical method.

## What is the international pedagogical method - Reconnecting With Your Culture?

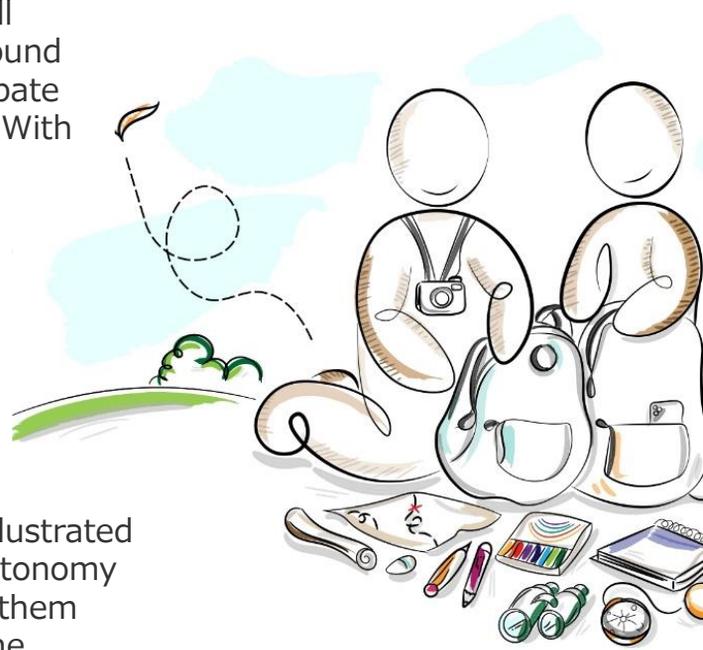
It is an educational method created by the International Research Centre Esempli di Architettura and the UNESCO Forum Chair University and Cultural Heritage.

Reconnecting With Your Culture is aimed at primary and secondary schools around the world.

The pedagogical method is an orderly process in which children and adolescents with the help of their teachers, mothers, fathers, and representatives search for some cultural heritage, draw it, and tell their experiences.

## What is the purpose of the pedagogical method - Reconnecting With Your Culture?

Its objective is to bring young generations closer to the values and content of their CULTURE. Strengthen local identity as well as knowledge and protection of its cultural heritage.



# What is Cultural Heritage?



It is a set of constructions, objects, manifestations, or activities of great significance, historical and cultural value, virtues and manifestations, and continuity of representations for a society. This heritage expresses the cultural identity of a people or society or region.

Cultural heritage is classified into tangible heritage, intangible heritage, & transitory heritage.

(i) Tangible heritage is objects, constructions, and buildings of historical, artistic, and cultural value. They are a testimony of an existing or already disappeared society or civilization. They can be buildings, churches, castles, archaeological ruins, sculptures, paintings, tools, books, documents, and old photographs.

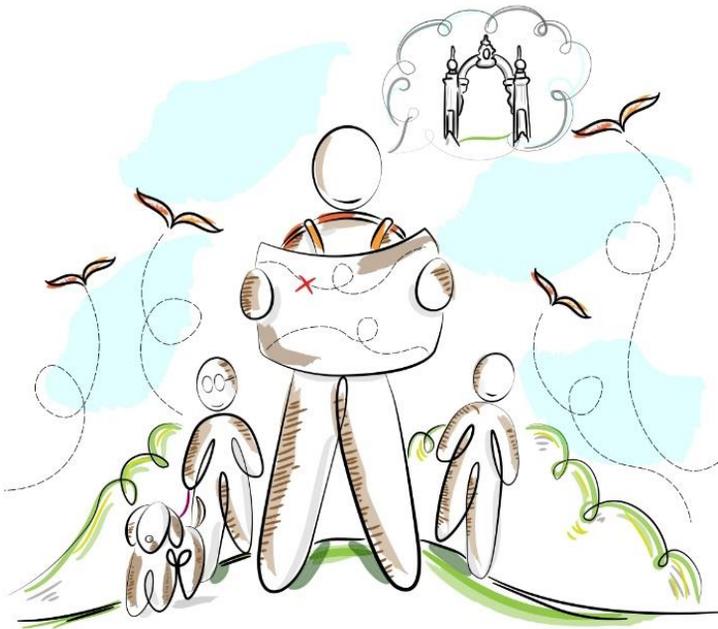
(ii) Intangible heritage is the expressions, knowledges, and activities that identify a CULTURE; these include festivals, pilgrimages, rituals, dances, legends, songs, music, and typical foods.

(iii) Transitory heritage is a bridge and link between the two cited poles, representing fixed natural sites and their associated rituals and festivities; these are more common in the ancient sacred cities, e.g., in the Oriental Cultural Realm.



## Who can participate?

Primary and secondary schools around the world. Students from these schools should be between 5 and 17 years old. Participation is FREE.



## How can I participate?

You must prepare yourself as if you were going on a trip to find a treasure and then draw it.

## Method Steps Reconnecting With Your Culture

The Reconnecting With Your Culture method is based on these three steps:

1



A trip through your city, sacred/holy places – the heritage treasure awakening!

2



Draw your heritage treasure – sketches, photographs, poem, some narratives.

3



Tell us about your experience – short essay, dialogues, and co-sharing

Here's how each step is done.

## What should I do?

You must imagine that you are going to make an expedition, an adventure to find a treasure and an inherent message of awe and wonder. The treasure will be some cultural heritage of your community.

Ask your teachers, relatives, or friends for help in selecting the route or place where you will make your expedition.

## 1

# First Step. Preparations for the Heritage Treasure Awakening

Where to go and why?

Choose a place to visit, get to know, and discover some heritage near you.

Ask your teachers, relatives, or friends for help in selecting the route or place where you will make your expedition.

Ask the person who helps you to tell you why this place can be important to get a heritage treasure.

The place can be your school, your neighbourhood or community, the square, a park, the centre of your city, a museum, or even a temple or church.

Any place that is comfortable, easy, and safe to travel for you and the people who accompany you under the biosecurity measures for COVID-19.

Wear your mask at all times and maintain a social distance of 1.5 metres!

This will be a team expedition!

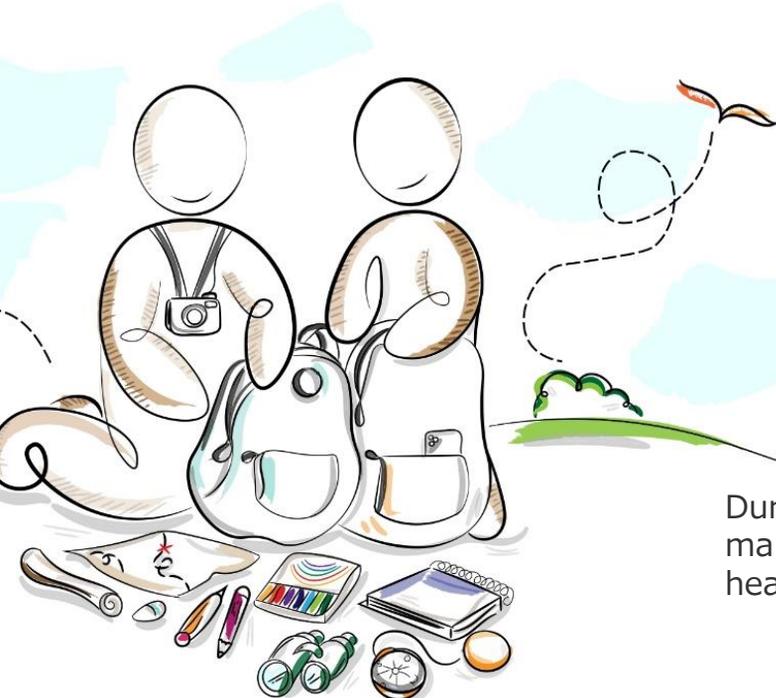


## What should you take with you?

When you have identified your destiny, arm your backpack, backpack, or bag for the trip.

Carry everything you think you may need for your expedition:

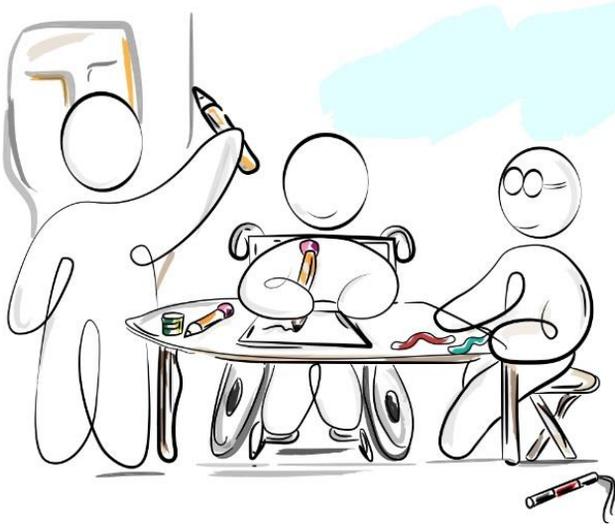
- Drawing materials, map or map of the place, camera or cell phone, notebook, recorder.
- Hydration or water bottle and if necessary, also something to eat.
- Biosecurity kit.



During the tour, you must write, draw a map, and sketch out what you observe, hear, and feel.

## 2

## Second step. Draw your heritage treasure



Make your tour, if possible, in a pedestrian way.

Draw a map/sketch of your route.  
Describe the important things you see, hear, or feel.

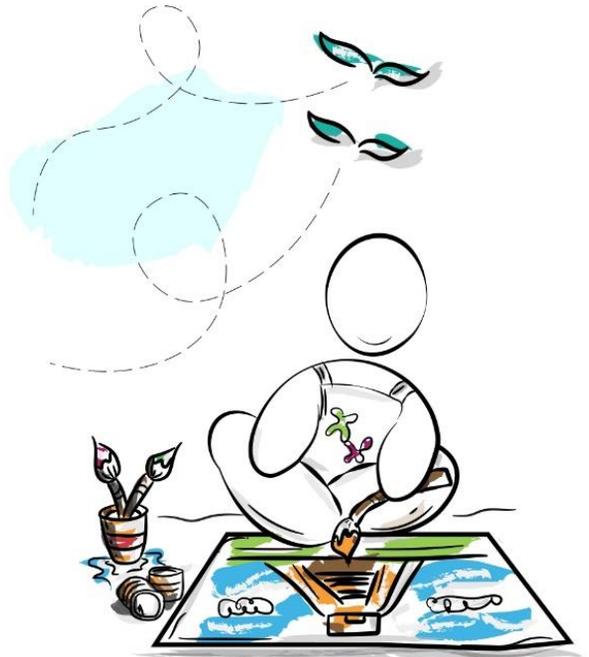
You can also write down facts about the history, mythology, people, and place where you are.

These will be the clues so that people can know your route and know how to get to your heritage treasure.

Once you reach your destination, draw/write about your heritage treasure.

### Draw your great treasure!

You can make your drawing with the technique and materials you prefer.



If you can't draw where it's located.

Your heritage treasure can be done at home, at school, or wherever your teacher or the person who accompanies you indicates.

The size of the drawing can be whatever you want.

Accompany your drawing with some notes and data that allow you to know more about your heritage treasure.

You can also write or record what is cultural heritage for you? and why have you selected that heritage to draw it?

When you finish, write in your drawing your name and surname, the city where you are and your country.

Also think of a name for your drawing.

Drawing name

Your name and surname  
Your city  
Your country

## Third step.

- Tell us about your experiences.**
- Send your drawings to the organizers of Reconnecting With Your Culture**



It's time to meet and share your experience with other people around the world.

Your drawings should be sent by email to the organizers of the pedagogical method project Reconnecting With Your Culture.

To do this, the drawings must be digitized. This is done by scanning them or taking a photograph of them.



## What should you email?

The map you drew.

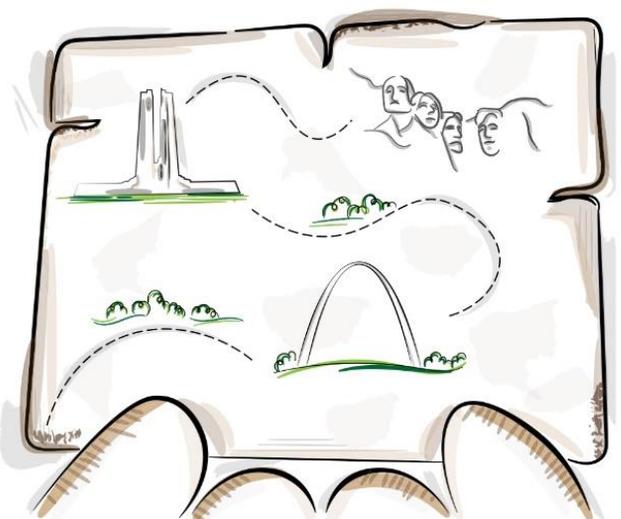
The drawing of your heritage treasure.

You should scan or take some good pictures of your drawings.

If you take a picture of it, make sure they are well lit, & that no shadow is on the drawing.

You must save it on the computer in JPG

Check with your school if they will send your drawing or if you can do it.



## Where should the drawings be sent?

Drawings should be sent to the email address of your National Committee country (see the list at the end of the guide).

The Subject of the email can say:

Drawing by RWYC, - School name and country

Example: RWYC – Leonardo da Vinci School, Florence, Italy

The Body or Text of the mail must include:  
Title of the drawing.

Name and surname of the participant Age  
Country City.

Name of the school or college Email  
address of a contact person.

The organizers of the Reconnecting With Your Culture project and your school will plan a meeting so that you can show and explain the heritage treasure you have found and drawn.

**Now, the search for your heritage treasure begins.**



# Continental and national committees

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